festivELLE schedule

June 29 & 30 | Playhouse Theater, Vancouver BC

June 29

6:00pm - 7:15pm	Workshop: From Overwhelm to Inner Peace & Self-Compassion presented by Dr. Erika Horwitz
7:30pm doors at 7:00	Concert: A Beautiful Mind ft. musica intima, Rebecca Wenham, Melanie Adams, & Rachel Kiyo Iwaasa

June 30

 6:00pm - 7:15pm
Workshop: Writing for Self-Compassion & Healing presented by Christine Bissonette
7:30pm
Concert: Hearing Voices (Allegra & Astrolabe Musik Theatre) ft. Heather Pawsey & Allegra Composer Ensemble





Astrolabe Musik Theatre is proud to collaborate with Janna Sailor and the Allegra Chamber Orchestra in bringing UK composer Jocelyn Pook's Hearing Voices to Vancouver audiences in this, its North American première. A dream of six years, we are honoured to be co-presenting this extraordinarily beautiful and intimate work, and deeply moved by its honesty, compassion and hope. Thank you for joining us this evening as part of a conversation about mental health that must continue to move forward with dignity, empathy and courage.

Heather Pawsey, Founding Artistic Director & General Manager, Astrolabe Musik Theatre

Hosted by Brian Broster, Board Chair, Astrolabe Musik Theatre

I. Composer Showcase

featuring Allegra Composer Incubator mentees and Alice Ping Yee Ho, mentor

The Peculiar Dances of Shifting Minds, Mari Alice Conrad

I. oscillation II. dear fly nobody likes you III. tiny now

I'm(post)HER, Holly Winter

Teatime Stories, Sasha Kow I. Fill, boil II. Sip, spill

program continues on next page





Labyrinth of Tears, excerpts

I. Gimmi Cake II. Weeping Iris

Alice Ping Yee Ho, composer Tong Wang, librettist ft. Yenny Lee, mezzo-soprano

- intermission -

Hearing Voices, Jocelyn Pook for orchestra with solo soprano and recorded voices

> I. A Terrible Disgrace II. Mental Status Exam III. Agnes' Jacket IV. Phyllis's Diary V. Mary, A Very Gradual Process VI. Doctor VII. Winds of the Devil VIII. So Funny IX. Kingfisher

> > Heather Pawsey, *soprano* Janna Sailor, *conductor* Allegra Chamber Orchestra

Join us for a special talkback session following the show with Lenore Rowntree, author



musicians

Soloists

Heather Pawsey, soprano & spoken voice

Allegra Composer Ensemble

Janna Sailor, conductor

Rebecca Whitling, violin 1 Erin James, violin 2 Sarah Kwok, viola Rebecca Wenham, cello Meaghan Williams, bass Albertina Chan, harp Dominique Bernath, percussion



Allegra Chamber Orchestra

Janna Sailor, conductor

- Violin I Rebecca Whitling** Erin James* Louise Lee Ellen Farrugia Tina Park
- **Violin II** Alicia Venables* Zoe Robertson Christine Lin

Viola Isabelle Roland* Sarah Kwok MC Brunet

Cello Kathleen de Caen* Shin Jung Nam Rebecca Whitling

Bass Meaghan Williams

Harp Albertina Chan

Piano Rachel Iwaasa **Percussion** Julia Chen Dominique Bernath

Flute Heather Beatty Carol Dymond

Oboe Liz Eccleston Moira Rader Rice

Clarinet Michelle Anderson Yuri Kuriyama

Bassoon Carrie To Kaitlin Coleman

Trumpet Katherine Evans Candice Newberry

French Horn Pauline Lo Dawn Haylett

Trombone Ellen Marple



staff & sponsors

Many thanks to our co-presenter, Astrolabe Musik Theatre.

We're grateful for the following staff:

Leah Field, Subtitles Victoria Bell, Technical Director Melanie Thompson, Stage Manager Sebastian Finch, Sound Director Erica Binder, Project Manager Monica Chen, Assistant Conductor & Technical Assistant

Special thanks to:

Donovan Seidle Louise Lee Carol Todd Jordan Nobles John Korsrud

& Dr. Erika Horwitz and Courtney Sung, for providing on-site mental health support.



Thank you to the following sponsors:









ASTROLABE MUSIK THEATRE







